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COLONOSCOPY

HAWKES BAY REGIONAL HOSPITAL HASTINGS

A colonoscopy, or visual examination of the large bowel with a flexible fibreoptic instrument is to be carried out for you and to enable the bowel wall to be clearly seen, the bowel must be completely empty. You will be given a prescription for Fleet.

On the Sunday afternoon prior to the colonoscopy drink fluids only e.g. clear soup, jelly, apple juice, grape juice, tea or coffee. On that Sunday evening begin taking the Fleet. This will cause diarrhoea which should become increasingly watery. If you can get through the two packets then that should give the best result.

Please come at 7:30am on Monday _____

To the DAY STAY UNIT at Hawkes Bay Regional Hospital Hastings

Phone 06 878 8109 extension 6566

Do not drive your car as you will be sedated and shouldn't drive home but please arrange for someone to pick you up from the Day Stay Unit between 12 noon and 2:00PM.

I suggest you wear loose clothing and bring a book to pass the time.

DH Knight FRACS
General and Vascular Surgeon

