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GASTROSCOPY

HAWKE'S BAY REGIONAL HOSPITAL (Hastings)

Gastroscopy is a simple examination that allows inspection of the gullet, stomach and duodenum.

The modern instrument is a fine flexible fibre-optic tube which you can readily swallow, breathing easily throughout the procedure.

You will be given a sedative by a small injection in the arm before the gastroscopy and I know from my recent records that there is a better than 90% chance that you won't remember the gastroscopy at all, but afterwards you may have a bit of a sore throat for a few hours.

You should not drive home but can be collected by about 11 o'clock. You can have a drink and some lunch and will be able to go to work the next day.

Please come at 7.30am on Monday _____

Have **no breakfast**, but you can have a drink of fluid before you leave home.

Come to the Day Stay Ward, Hawkes Bay Regional Hospital (Hastings).

Phone me that afternoon after _____ on 835 8498 and I will discuss the findings of the gastroscopy.

D H Knight
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General and Vascular Surgeon